

"Possibilities" Puzzle

Read the clues to help you unscramble the words. Then unscramble the circled letters to solve the final clue. It should be easier if you've attended In Jest's "Possibilities" program or juggling workshops.

Helps you laugh at (and learn from) mistakes.

ROHMU



Positive or negative, it makes a difference.

TIDTUATE



A key to excellence is always giving this.

STEB



Drops that rebound or spring back.

CUBNEOS



From the Latin word *cor* meaning "heart."

UROACEG



Having great potential or worth.

EBLAVLUA



What possibilities are.



"High On Life" Word Search

Juggling is fun! It also develops skills and qualities that can help you be successful in life. Find the hidden words below. They may be up, down, forward, backward, or diagonal.

ATTITUDE
BALANCE
CONFIDENCE
DEXTERITY
DISCIPLINE
FITNESS
FOCUS
PATIENCE
PERSISTENCE
REFLEXES
RHYTHM
TRACKING

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J E R H Y T H M U G G
E C N E T S I S R E P
L N I I F N G D C E F
T E V E L L L N O F I
R D D P S P E B O O T
A I D U Y I I X M C N
C F I N T D A C E U E
K N N A D I C H S S S
I O P A R A T C T I S
N C Y T I R E T X E D
G B A L A N C E A E R
    
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Once you've found all the hidden words, read the remaining letters to reveal a message.
Hint: It relates to the three aspects of wellness shared in In Jest's "High on Life" program.

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